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MICHIGAN INSTITUTE for NEUROLOGICAL DISORDERS

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EEG LABORATORY PREPARATION

Appointment Date: _____ Appointment Time: _____

LOCATION

____ Farmington Hills ____ Madison Heights ____ Dearborn Heights

****Please arrive 15 minutes before appointment time****

____ ROUTINE EEG ____ PROLONGED EEG ____ SEDATED EEG

PREPARATION INSTRUCTIONS – ROUTINE EEG & PROLONGED EEG

- Shampoo hair the day of the test. Please do not use any sprays, gels or oils.
- Hair braids, weaves or extensions will need to be considered on an individual basis. Please contact the EEG Department, at the number below, with questions.
- No caffeinated beverages such as coffee, tea, energy drinks, chocolate on the day of the test.
- Take prescribed medications as directed. Do not take any medications used for focusing or concentration on the day of the test.
- Sleep half the amount of sleep the night before your test.
- Patients under the age of 18 must be accompanied by a parent/guardian.
- If the patient is ill or has a temperature, please call to reschedule your appointment.
- If you have additional questions or need additional information, call the **MIND EEG Department at 248-553-0010 ~ Extension 232.**