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MICHIGAN INSTITUTE *for* NEUROLOGICAL DISORDERS

TEL 248 553-0010 FAX 248 553-5957 28595 Orchard Lake Rd • Ste 200 Farmington Hills, MI 48334 [MindOnline.com](http://MindOnline.com)

### **WHAT TO EXPECT FROM OCULAR COHERENCE TOMOGRAPHY (OCT)**

OCT is a non-invasive imaging test that uses light waves to take cross-section pictures of the retina.

Each of the retina's layers can be seen which allows the physician to map and measure their thickness. This helps with early detection, diagnosis and treatment for retinal conditions as well as other diseases.

You will be seated in front of the OCT machine and will rest your head on a support.

A technician will guide the equipment to scan (take pictures of) your eye without touching it. This is not a test for glaucoma – there are no puffs of air.

OCT scanning takes about 10 to 15 minutes.

After your testing you may resume normal activities.