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MICHIGAN INSTITUTE *for* NEUROLOGICAL DISORDERS

TEL 248 553-0010 FAX 248 553-5957 28595 Orchard Lake Rd • Ste 200 Farmington Hills, MI 48334 [MindOnline.com](http://MindOnline.com)

### **LUMBAR PUNCTURE (LP) PREPARATION**

- You may eat and drink as normal.
- You may take any regularly prescribed medication(s).
- If you take a prescription blood thinner please contact the office for further instructions prior to your appointment - 248-553-0010 ~ Ext. 220 or 214.
- You WILL need a driver.
- Bring food and drink with you (if desired).
- Following the procedure you will remain in our recovery room for approximately 4 hours.
- After discharge home you should lay down until the following morning; getting up only to use the restroom.
- Please contact the MIND Radiology Assistants with any additional questions or information - 248-553-0010 ~ Ext. 220 or 214.